



## 5th Grade Human Growth and Development

For our 5th-grade students, the following topics will be covered in the program:

- The importance of personal hygiene
- Safe touches
- Common questions from kids their age during puberty

The students will be separated into two gender-based groups. The program includes a video and a question-and-answer session. Parents may inspect the curriculum and instructional materials to aid in discussions at home.

5th Grade	Materials
Boys	<a href="https://www.youtube.com/watch?v=2XF0awGRTWs">https://www.youtube.com/watch?v=2XF0awGRTWs</a>
Girls	<a href="https://www.youtube.com/watch?v=0RrXAhtObBI">https://www.youtube.com/watch?v=0RrXAhtObBI</a>

Questions regarding the content can be directed to the following instructors:

Mrs. Kelly Cole: [colek@kohler.k12.wi.us](mailto:colek@kohler.k12.wi.us)

Kohler Physical Education and Health Staff that provide direct instruction to girls.

Mr. Jacob Morelli: [morellij@kohler.k12.wi.us](mailto:morellij@kohler.k12.wi.us)

Kohler Physical Education and Health Staff that provide direct instruction to boys.